



# FAMILY YOGA

- MOVE - BREATHE - LAUGH - PLAY -

Share your love of yoga with the whole family. We will move & breathe together through kid friendly yoga sequences and work together in playful partnering exercises. All ages welcome.

Saturday, January 14	11:00-11:45am
Saturday, February 4	11:00-11:45am
Saturday, March 3	11:00-11:45am
Saturday, April 7	11:00-11:45am

Cost \$8 per adult + \$4 per child

[www.inspiringactions.com](http://www.inspiringactions.com) or call 715-381-3148 to register

