



STIFF AS A BOARD YOGA

***Do you know yoga would
be good for you, but you're
afraid you can't do it?***

***Do you want to try yoga,
but you feel hopelessly
inflexible?***

***Then this is the
yoga class for you!***

Saturdays

9:30-10:30

Feb. 18 – March 10

\$48

(a \$68 value)

lukewarm

**Only 8 spots available!
Must pre-register.**



www.InspiringActions.com

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